



**Drill Name:** 1v1 to goal, no defender

**Set up :**

Type Setup Here...

**Instructions:**

Dribble for Speed, Sell your move, Accelerate away, finish

**Coaching Points:**

- a. 1st Touch
- b. Drive at the Defender with speed
- c. Set up angle
- d. Sell the move 3 steps in front of the defender
- e. Accelerate away