



**Drill Name:** Possession - Part IV

**Set up :**

2 teams of 4 with 1 neutral player

A Square grid, roughly 12m x 15m

2 players from each team inside the grid, with two players from each team on opposite corners outside the grid

**Instructions:**

The players outside the grid can move along their corner

Possess as long as possible, once the ball is turned over, it's the other teams turn to possess

**Coaching Points:**

Awareness - Use the full coverage of the field

1st touch

Good Decisions

Technique and Weight of the pass

Movement off the ball - Don't stand behind a defender - Change the angle of support