



**Drill Name:** Passing Cones - Follow Your Pass

**Set up :**

2 Cones 20 yards Apart

**Instructions:**

Ball get's played across to other line, follow your pass

**Coaching Points:**

Plant foot beside the ball, not in front, not behind

Plant foot points to your target

Use the inside of your foot to strike through the center of the ball

You're passing, not shooting. So set your team up for success.